

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Grade 4 Prayer	9
Welcome!	10

Unit 1: Growing in Jesus Christ 11

Lesson 1 Jesus: The Way, the Truth, and the Life.....13

- God sent his only Son to us.
- Jesus shows us how to live.
- Jesus Christ is our Savior.
- The disciples spread the Good News of Jesus Christ.

John 1:29, 6:35, 8:12, 10:11, 11:25, 14:6-7; Roman Missal

Live the Gospel Saint Josephine Bakhita; Jesus Is Part of History.

Lesson 1 Review

Lesson 2: Jesus Leads Us to Happiness.....21

- Jesus trusted God the Father.
- Jesus taught the Beatitudes.
- Jesus taught about the Kingdom of God.
- Jesus' disciples share his mission.

Matthew 4:10, 5:1-10, 12; John 11:41-42; Luke 17: 20-21, 22:42

Live the Gospel Saint Moses the Black; God Makes Us Happy

Lesson 2 Review

Lesson 3: Sin in Our World..... 29

- God gives us the freedom to choose.
- Sin leads us away from God.
- Sins can be things people do or fail to do.
- We are called to value and respect all people.

Roman Missal; Luke 10:30-34, 36-37; Galatians 3:26, 28

Live the Gospel Saint Angela of Foligno; Hitting the Bullseye

Lesson 3 Review

Lesson 4: Our Conscience, Our Guide 37

- God calls us to be close to him.
- God gives us the gift of conscience.
- We form our conscience.
- We examine our conscience.

Psalms 139:1-3; Luke 15:11-12, 14, 17-20; 1 Timothy 1:5

Live the Gospel Saint Timothy; The Natural Law

Lesson 4 Review

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Lesson 5: Celebrating Penance and Reconciliation 45

- Jesus tells us about God’s forgiveness and love.
- We receive God’s forgiveness in the Sacrament of Penance and Reconciliation.
- We celebrate the Sacrament of Penance.
- Reconciliation brings peace and unity.

Psalm 51:3, 4, 8, 12; Luke 15:4–7; Matthew 9:12; John 20:21–23;

Order of Penance; 2 Corinthians 13:11

Live the Gospel Saint Leopold Mandic; Objective Truth

Lesson 5 Review

Unit 2: The Commandments Help Us to Love God 53

Lesson 6: Learning about God’s Law 55

- God calls his people.
- The Ten Commandments are God’s laws for his people.
- Jesus teaches us about God’s Law.
- Jesus teaches us to love one another.

Psalm 119:33–35; Exodus 3:6–10; 13:21–22; Matthew 22:35–37, 39;

Isaiah 9:5; John 13:34–35

Live the Gospel Blessed Jerzy Popiełuszko; From Womb to Tomb

Lesson 6 Review

Lesson 7: The First Commandment 63

- We believe in the one true God.
- We honor the one true God.
- We love God above all things.
- We place our hope and trust in God.

Psalm 86:10–12; Deuteronomy 6:4–5; Luke 4:7, 8; Matthew 6:25–26; Luke 1:38

Live the Gospel Blessed Andrew of Phú Yên; Putting God First

Lesson 7 Review

Lesson 8: The Second Commandment 71

- God’s name is holy.
- We respect God’s name.
- We call upon God’s name.
- We respect and honor sacred places.

Psalm 105:3; Exodus 3:14; Psalm 113:3; Luke 11:2; Matthew 21:13

Live the Gospel Saint Elizabeth of the Trinity; The Human Person Is Sacred

Lesson 8 Review

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Lesson 9: The Third Commandment 79

- God gave us a special day to rest and worship him.
- We keep the Lord’s Day holy by going to Sunday Mass.
- The Lord’s Day is a day for rest and relaxation.
- We keep the Lord’s Day holy by caring for the needs of others.

Genesis 2:2–3; Exodus 20:8; Acts of the Apostles 2:42

Live the Gospel Saint Joseph of Cupertino; God Tells Us to Rest

Lesson 9 Review

Lesson 10: Strengthened by the Eucharist 87

- The Introductory Rites unite us and prepare us for worship.
- During the Liturgy of the Word, we hear the Word of God.
- During the Liturgy of the Eucharist, we offer gifts of bread and wine and receive the

Body and Blood of Jesus Christ.

- In the Concluding Rites we are sent to live as disciples of Jesus.

1 Corinthians 11:23–26; Roman Missal

Live the Gospel Saint Elizabeth of Portugal; The Eucharist Makes Us Stronger

Lesson 10 Review

Unit 3: The Commandments Help Us to Love Others 95

Lesson 11: The Fourth Commandment. 97

- God wants us to love and respect others.
- In our families we learn to love God and others.
- In our families we have the responsibility to love and respect one another.
- Citizens and leaders work together for peace.

Matthew 22:37, 39; Exodus 20:12; Matthew 8:4

Live the Gospel Saints Louis and Saint Zélie Martin; Fathers & Mothers

Lesson 11 Review

Lesson 12: The Fifth Commandment 105

- Human life is sacred.
- The right to life is the most basic human right.
- We respect the gift of life.
- Promoting peace is a way to respect life.

Jeremiah 1:5; Psalm 139:14; Exodus 20:13; Matthew 5:21–22; Matthew 5:43–45a, 6:11

Live the Gospel Saint John Paul II; Made in the Image of God

Lesson 12 Review

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Lesson 13: The Sixth Commandment 113

- God creates each person with the ability to show and share love.
- We are called to chastity.
- God’s creation is meant for all people.
- We are called to help all people meet their basic needs.

Genesis 1:27–28, 30–31; Exodus 20:14

Live the Gospel Saint Frances of Rome; Humans Have Self-Control

Lesson 13 Review

Lesson 14: The Seventh Commandment 121

- We are called to act with justice.
- We respect the property of others.
- God’s creation is meant for all people.
- We are called to help all people meet their basic needs.

Isaiah 58:5–7; Exodus 20:15; Luke 3:11; 19:8; Genesis 1:28–29; Matthew 5:6; James 2:15–17

Live the Gospel Saint Vincent de Paul; Receiving the Gift

Lesson 14 Review

Lesson 15: The Eighth Commandment 129

- God teaches us what it means to be true.
- We are all called to witness to the truth of our faith.
- We have a responsibility to tell the truth.
- We have a responsibility to respect the truth.

Psalms 119:89, 90, 142, 145; Exodus 20:16; Psalm 33:4; John 18:37; Acts of the Apostles 1:8; Sirach 19:6; Matthew 5:37, 7:12

Live the Gospel Saints Priscilla and Aquila; The Language of the Body

Lesson 15 Review

Unit 4: We Are Called to Holiness. 137

Lesson 16: The Ninth Commandment 139

- Feelings are a gift from God.
- God created us to share love.
- God calls us to be pure of heart.
- The virtue of modesty helps us to be pure of heart.

Ezekiel 36:26–28; Exodus 20:17; Matthew 5:8

Live the Gospel Saint Cecilia; Protecting the Gift

Lesson 16 Review

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Lesson 17: The Tenth Commandment 147

- We are called to have generous hearts.
- Jesus taught us to trust in God above all things.
- Depending on God brings happiness.
- Jesus teaches us that God’s law is love.

Proverbs 3:5, 6; Psalm 37:3; Exodus 20:17; Luke 12:22–24; Matthew 5:3;

Acts of the Apostles 20:35; Matthew 5:17; Romans 13:10

Live the Gospel Saint Kateri Tekakwitha; Enjoying the Gift

Lesson 17 Review

Lesson 18: We Grow in Holiness 155

- Jesus is our model of holiness.
- We open our hearts and minds in prayer.
- The sacraments draw us closer to God.
- The Holy Spirit shares special gifts with us.

Luke 23:34; Matthew 11:25; John 11:41–42; Luke 22:42; Matthew 18:20; Galatians 5:22–23

Live the Gospel Saint Teresa of Ávila; Open to God

Lesson 18 Review

Lesson 19: We Are the Church. 163

- The Church is a worldwide community.
- We have responsibilities as members of the Church.
- We celebrate the sacraments.
- We have an active role in the Church community.

Luke 10:16; John 14:26; Matthew 28:5–6; John 20:23; Matthew 6:16, 17;

Acts of the Apostles 2:44–45; Luke 22:19; 1 Corinthians 11:24

Live the Gospel Saint Louis of Toulouse; You Are Not Alone

Lesson 19 Review

Lesson 20: We Are Called to Discipleship 171

- The virtues of faith, hope, and love bring us closer to God.
- Mary is our model for virtue and discipleship.
- The Cardinal Virtues guide us.
- We are called to live a life of love.

John 13:6, 12, 15; Matthew 10:32–33; Romans 5:5; 1 Corinthians 13:13; Luke 2:51; Matthew 5:16

Live the Gospel Saint Rita; And the Greatest of These Is Love

Lesson 20 Review

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Unit 5: The Liturgical Year	179
Lesson 21: The Liturgical Year	181
• Throughout the Liturgical Year, we remember and celebrate Jesus Christ.	
Psalm 113:3; Revelation 22:20	
Live the Gospel My Church Year Reflection	
Lesson 22: Ordinary Time	187
• During the season of Ordinary Time, we celebrate the life and teachings of Jesus Christ.	
Psalm 25:4; Matthew 7:12; Mark 6:50; Luke 6:36; John 15:12	
Live the Gospel My Ordinary Time Reflection	
Lesson 23: Advent	193
• In Advent we prepare for the coming of the Lord.	
Luke 1:35; Revelation 21:4; Matthew 18:20	
Live the Gospel My Advent Reflection	
Lesson 24: Christmas	199
• During the Christmas season, we celebrate the Son of God's coming into the world.	
Roman Missal	
Live the Gospel My Christmas Reflection	
Lesson 25: Lent	205
• Lent is the season of preparation for Easter.	
Isaiah 43:20	
Live the Gospel My Lenten Reflection	
Lesson 26: Triduum	211
• The Easter Triduum celebrates the joy of the Cross.	
Roman Missal; John 13:15	
Live the Gospel My Triduum Reflection	
Lesson 27: Easter	217
• During the season of Easter, we celebrate the Resurrection of Jesus.	
John 11:25; Acts of the Apostles 1:9	
Live the Gospel My Easter Reflection	

We Believe: Living Your Catholic Identity ©2025

Grade 4 Parish Edition

Table of Contents **PREVIEW**

Lesson 28: Pentecost	223
• On Pentecost, the Holy Spirit came to the Church.	
Roman Missal	
Live the Gospel My Pentecost Reflection	
Prayers	229
Practices	235
Q&A	240
Glossary	244
Index	247